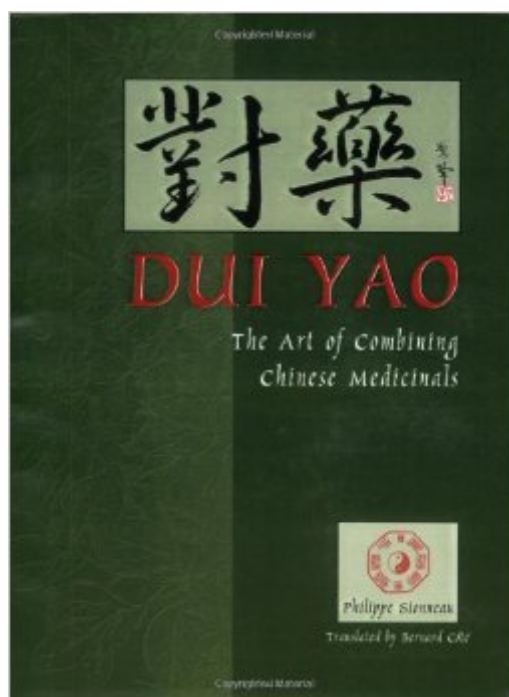


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Dui Yao: The Art Of Combining Chinese Medicinals



Synopsis

Based on 2,000 years of recorded clinical experience, certain combinations of Chinese medicinals work better than others. Although theoretically there may be several possible combinations which might achieve a certain therapeutic effect, in actual fact, one combination in particular gets definite dependable results. This book describes over 100 of the best known, most useful two medicinal combinations. Using this book, one can more easily understand the construction of standard, time-tested formulas. One will be able to modify standard formulas to fit the needs of real-life individual patients, and will be able to compose entirely new formulas based on this empirically verified two medicinal building blocks. So whether you are a beginning student or professional practitioner of Chinese medicine, this book is sure to help you reach a new level of clinical expertise.

Book Information

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Customer Reviews

This book is, in my opinion, the next stage in learning materia medica, after you have memorised the groups and names, and thus bridges the gap between learning herbs and putting together formulae. Plus, as far as I know, this is the only book of its kind on the market.

Although this book is well written and useful for learning some of the many two-herb combinations of Chinese medicinals that a practitioner would need for his or her practice (and required for certification exams) the book has several could be improved. Most importantly, each combination should list the formulas in which it is found, or at least the major ones, so that the learning is

properly linked to the main instrument of Chinese medicinals which is the formula. Also, while there is a table of contents, the index does NOT list herbs. Instead, it only lists conditions and other topics, so if you need to find combinations for a particular herb, you can either thumb through the entire book or you have to scan the entire table of contents. On the other hand there is a good introduction. A learning text needs a proper index.

The book designed as more a taster .. For those that already know the herbs. It's difficult to navigate the book, as the style it is written requires deep knowledge (knowing the herb you want to pair) or no knowledge and therefore it's more like a dictionary (in that there is no grouping of concepts, but instead a general compilation of information presented). If the book was organized/ structured according to prescription goal (what the combo is treating) or diagnosis, THAT would make the book more readily useful. Otherwise it's blindly opening the book to see what 2 herb combos are available.

For the student in Chinese Herbs, an easy to understand book on combining herbs, along with a do's and don'ts ...really is a reference book that should be on every herbalist's Book shelf!

If you are using herbal formulas, you need a book on dui yao. It could be in more detail, but for the general schools of TCM it is decent.

Excellent addition for those practitioners focussed on prescribing herbal formulas.

What can I say? Must have. Very useful book.

Limited practicality. Lots of copy work with no recommendation to beginner to expert. This kind of primer is so sorely needed but should be written by a practitioner with 1st hand knowledge.

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